

Chapter 10

Innovations for Sustainable Coastal Cities: Strategies for Water and Waste Management

Treesa Sindhu P. Thomas

 <https://orcid.org/0009-0002-7405-5162>

St. Teresa's College, Ernakulam, India

Leena Leon

Rajagiri College of Social Sciences, Kalamasseri, India

ABSTRACT

Coastal cities face unique challenges at the intersection of rapid urbanization and climate change, making sustainable water and waste management critical for their development. Innovative approaches to resource management that harmonize environmental stability, economic resilience, and social well-being by leveraging cutting-edge technologies, adaptive urban planning, and participatory governance models are essential for mitigating these issues. The adoption of holistic strategies, including zero-waste policies, enhanced recycling programs, and extended producer responsibility (EPR) frameworks, as key drivers of environmental impact reduction and resource recovery. The transformative role of community engagement in fostering behavioural change and policy instruments such as pay-as-you-throw initiatives and public-private partnerships are identified as crucial enablers of scalable, sustainable solutions.

DOI: 10.4018/979-8-3373-5278-7.ch010

INTRODUCTION

Coastal urban areas represent some of the most dynamic and essential components of cities, offering valuable resources, driving economic growth, and delivering vital ecological services. However, these regions are uniquely vulnerable to challenges such as rising sea levels, rapid urbanization, environmental degradation, and socio-economic disparities. As coastal cities expand, sustainable development becomes a necessity to safeguard both human populations and the natural environment.

Home to nearly 40% of the global population within 100 kilometers of the coastline (UN-Habitat, 2020), coastal areas are pivotal to the world's economy. These regions serve as hubs for international trade, tourism, fisheries, and transportation, with ports facilitating a significant share of global commerce. Iconic coastal cities such as New York, Tokyo, and Mumbai stand as economic powerhouses, playing central roles in finance, business, and culture.

In addition to economic importance, coastal ecosystems like mangroves, coral reefs, and wetlands provide essential services such as biodiversity conservation, carbon sequestration, and natural disaster mitigation. For example, mangroves buffer against storm surges, while coral reefs support marine biodiversity. These ecosystems also contribute to coastal stabilization, water filtration, and habitat creation, making them indispensable for urban and environmental resilience (Barbier et al., 2019). Tourism further underscores the importance of coastal areas, as millions are drawn to their aesthetic and recreational appeal. The resulting economic benefits highlight the need to balance urban development with ecological preservation to maintain these regions' allure and functionality.

Despite their importance, coastal cities face growing threats from climate change and unsustainable practices. Rising sea levels, extreme weather events, and resource scarcity strain water and waste management systems, crucial pillars of urban sustainability. These challenges directly impact public health, economic stability, and environmental integrity, requiring immediate and innovative solutions.

Water resources in coastal cities are under unprecedented pressure due to natural and human-induced factors. Climate change intensifies extreme weather events such as storms, droughts, and flooding, disrupting water infrastructure and reducing freshwater availability. Saline intrusion from rising sea levels contaminates water supplies, compelling cities to invest in costly desalination systems (UN-Habitat, 2011). Meanwhile, rapid urbanization exacerbates water resource depletion, increases pollution, and undermines natural water systems (Kallis et al., 2020).

Waste management in coastal cities also faces significant challenges, driven by high population densities, industrial activity, and proximity to water bodies. Inefficient systems lead to the accumulation of waste, much of which ends up in oceans, causing marine pollution and ecological harm (Jambeck et al., 2015). Organic waste

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