


# Chapter 4


## Exploring the Role of Sustainable Tourism in Building Environmental and Social Resilience

**Gaurav Bathla**

 <https://orcid.org/0000-0002-6992-811X>


*CT University, India*

**Ashish Raina**

 <https://orcid.org/0000-0001-5812-5920>

*CT University, India*

**Amit Kumar**

 <https://orcid.org/0000-0002-6915-5495>

*Central University of Haryana, India*

**Ranjeeta Tripathi**

*Amity University, Lucknow, India*

**Dalwinder Kaur**

*Manipal GlobalNxt University, Malaysia*

### ABSTRACT

*This chapter delves into the critical intersection between sustainable tourism and the cultivation of environmental and social resilience. In an era marked by escalating environmental challenges and social disparities, understanding the potential of sustainable tourism as a catalyst for positive change is paramount. Through an interdisciplinary lens, this chapter navigates the intricate dynamics at play, examin-*

DOI: 10.4018/979-8-3693-5405-6.ch004

*ing how sustainable tourism practices can contribute to the preservation of natural ecosystems while simultaneously fostering community empowerment and social cohesion. From promoting biodiversity conservation and mitigating climate change impacts to enhancing livelihood opportunities and cultural preservation, the chapter unravels the intricate web of benefits that sustainable tourism offers. Moreover, it delves into the complexities of stakeholder engagement, policy formulation, and innovative strategies necessary for realizing the full potential of sustainable tourism in building resilient societies.*

## **1. BACKGROUND**

The present study examines the complex correlation that exists between the implementation of sustainable tourism practices and the bolstering of social and environmental resilience. In a time characterised by increasing environmental difficulties and socioeconomic unpredictability, it has become critical to prioritise the development of resilience. Sustainable tourism, characterised by its emphasis on maximising socio-economic benefits and minimising negative environmental and community impacts, presents itself as a potentially effective approach to enhance resilience. The objective of this chapter is to examine the diverse manners in which sustainable tourism endeavours enhance social welfare and environmental preservation, thus strengthening resilience on a local and global level. Through an analysis of case studies, policy frameworks, and theoretical perspectives, the objective of this research is to provide a comprehensive understanding of the ways in which sustainable tourism can act as a catalyst for enhancing resilience in the context of increasing socio-economic vulnerabilities and environmental degradation. By conducting an extensive examination, this chapter aims to offer valuable insights and suggestions to policymakers, stakeholders in the tourism sector, and local communities regarding how to effectively utilise sustainable tourism as a proactive approach to addressing the challenges of the twenty-first century.

22 more pages are available in the full version of this document, which may be purchased using the "Add to Cart" button on the publisher's webpage: [www.igi-global.com/chapter/exploring-the-role-of-sustainable-tourism-in-building-environmental-and-social-resilience/353769](http://www.igi-global.com/chapter/exploring-the-role-of-sustainable-tourism-in-building-environmental-and-social-resilience/353769)

## Related Content

---

### Designing for Change: Sustainable and Culturally Responsive Housing With Shared Spaces

Aditi Nag (2026). *Sustainable Approaches in Spatial Design* (pp. 1-48).

[www.irma-international.org/chapter/designing-for-change/383830](http://www.irma-international.org/chapter/designing-for-change/383830)

### Sustainable Governance of Transgenic Fish in Malaysia: Balancing Environmental Protection and Food Security

Farahdilah Ghazali and Siti Tafzilmeriam Sheikh Abdul Kadir (2026). *Integrating Legal Compliance With Sustainable Development Goals* (pp. 121-160).

[www.irma-international.org/chapter/sustainable-governance-of-transgenic-fish-in-malaysia/385105](http://www.irma-international.org/chapter/sustainable-governance-of-transgenic-fish-in-malaysia/385105)

### Perinatal and Early Childhood Development: Education, Innovation, and Sustainable Development Goals

Lucy Kivuti-Bitok and Joyce Jebet Cheptum (2022). *Research Anthology on Measuring and Achieving Sustainable Development Goals* (pp. 385-402).

[www.irma-international.org/chapter/perinatal-and-early-childhood-development/290920](http://www.irma-international.org/chapter/perinatal-and-early-childhood-development/290920)

### The Mediating Role of Job Satisfaction Between Work-Life Balance and Employee Retention

Soni Rathian and Praveen Kumar (2023). *Climate Change Management and Social Innovations for Sustainable Global Organization* (pp. 241-262).

[www.irma-international.org/chapter/the-mediating-role-of-job-satisfaction-between-work-life-balance-and-employee-retention/330671](http://www.irma-international.org/chapter/the-mediating-role-of-job-satisfaction-between-work-life-balance-and-employee-retention/330671)

### The Effects of the Macroeconomic Policies Applied in Romania: Before and After Crisis

Dobrota Gabriela (2015). *International Journal of Sustainable Economies Management* (pp. 46-53).

[www.irma-international.org/article/the-effects-of-the-macroeconomic-policies-applied-in-romania/133271](http://www.irma-international.org/article/the-effects-of-the-macroeconomic-policies-applied-in-romania/133271)