

Chapter 1

Understanding the Modern Consumer Mindset and the Psychological Elements Driving It


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ABSTRACT

The chapter delves into the complex world of consumer behaviour, examining the profound impact of cognitive biases and social influences. In terms of cognitive bias, the issue unfolds through an examination of confirmation bias, anchoring bias, availability estimates, and endowment effects. These biases largely define decision-making, affecting how consumers perceive, interact with, and remain brand loyal. Methods for channeling and leveraging these biases have been clarified, enabling marketers to understand consumer behavior and adjust accordingly. Turning to social issues, the chapter reveals the dynamic interactions between peer influence, family traditions, word-of-mouth advocacy, social identity, and social norms and explores the role of social media in this development in the digital age. A thorough understanding of these social forces allows firms to develop strategies that align with customer values, preferences, and social expectations. The chapter emphasizes the importance of education in reducing cognitive biases and moderating social influences.

DOI: 10.4018/979-8-3693-1594-1.ch001

INTRODUCTION

Consumer behaviour is the heartbeat of today's market, the very essence of every organisation's design, and the driving force behind individual choices every day. In this fast-paced and ever-evolving marketplace, understanding the mindset of today's consumers is useful and important for traders and merchants. In this chapter, we will explore the complex substructure of today's consumer decision-making.

Although consumer preferences keep changing from time to time, the psychology behind consumer behaviour and their decision-making skills has remained stable. Entrepreneurs and marketers need to be conscious of the emotions, cognitive biases, and social influences that all together shape the complex psychology of a consumer's mindset in today's world.

The American Marketing Association (AMA) defines consumer behaviour as "The study of how customers (individuals and organisations) satisfy their needs and wants by choosing, purchasing, using, and disposing of goods, ideas, and services" (*Consumer Behavior Archives*, n.d.). Various factors such as individual, environmental and decision-making influence consumer behaviour. The knowledge of these factors helps marketers frame effective marketing strategies. Marketing involves understanding the needs of the customer and driving them to purchase a specific product by generating certain desires in the minds of customers. To anticipate and understand the purchasing decisions of customers the study of consumer behaviour serves an important role. The study of consumer behaviour encompasses what consumers purchase, why they prefer to purchase it, how and when they purchase it, and how often they plan to purchase and use it. Individuals purchasing the same product may have varied motivations and pay different prices for it. They utilise the product in distinct ways and may attach diverse emotions to it. Marketing strategies are important for attracting and holding customers. The effectiveness of these strategies relies on understanding, serving, and influencing consumers. The purchasing behaviour of people is influenced either individually or within a group or organization. Nowadays, customers face a challenging situation with numerous choices in a highly advanced society. They have a wide range of products to choose from, various pricing options, convenient delivery methods, and an abundance of communication channels.

Consumer choice is not a passive response to advertising messages. They are well-informed decisions shaped by a multitude of influences. As we read ahead in the later sections, we will explore the impact of digital technology on consumer behaviour, the central role of emotions in decision-making, the impact of cognitive biases, and the important power of social roles and dynamics in guiding consumer choices. With this chapter, we have attempted to provide a comprehensive view of these factors as they combine to define the consciousness of the modern consumer.

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