Chapter 7
Importance of Peace in the Era of Metaverse

Swati Chakraborty
GLA University, India

Jeremie Hakizimana
International Leadership University, Burundi

ABSTRACT

History is proof of the thousands of wars which have taken place in all periods at different levels between nations. Thus, one learns that peace played an important role in ending these wars, or even preventing some of them. In fact, if you look at all religious scriptures and ceremonies, you will realize that all of them teach peace. They mostly advocate eliminating war and maintaining harmony. In other words, all of them hold out a sacred commitment to peace. It is after the thousands of destructive wars that humans realized the importance of peace. Earth needs peace in order to survive. This applies to every angle including wars, pollution, natural disasters, and more.

INTRODUCTION

The idea of the Metaverse applied to our world is not quite different from that of Stephenson's work: a 3D virtual reality where we can conduct all our daily activities impersonating an avatar. The experience becomes immersive thanks to some technological tools (visors, smart bands, and 3D glasses) that allow us to totally feel part of the new reality (Combs, 2021).

Harmony Proficiency comprises of three essential components. The first is the improvement of nine human limits, which we call the muscles of our humankind. One of these limits is trust, which the vast majority don't consider a limit that is like a muscle. Given the circumstances, a great many people consider trust simply a conviction or an inclination, which you either have or don't. Nonetheless, trust resembles a muscle, since it requires fortifying and improvement, and can turn out to be all the more remarkable in degrees. Like a muscle, trust can decay when it isn't invigorated and utilized. The sort of trust that Harmony Education develops is what we call sensible expectation, which depends on proof, insight, and goals. Sensible expectation is initiative-taking and associated with activity, and is altogether different from living in fantasy land, which we call gullible expectation. Dissimilar to reasonable expectation, guileless expectation is inactive and frequently gets from sensations of defenselessness (Lewis, et. el, 2022).

Notwithstanding the muscle of sensible expectation, different muscles of our humankind are compassion, still, small voice, appreciation, reason, discipline, interest, language, and inventive mind. In our general public, individuals frequently utilize the word remembering to mean just explanation, yet these muscles of our humankind can influence our thought process however much explanation can. For instance, sensible expectation can definitely influence how we think and how we reason. An individual with a solid muscle of sensible expectation thinks uniquely in contrast to an irredeemable individual or an individual who has just gullible expectation. The muscles of compassion and soul can likewise radically influence how we think and how we reason. On the off chance that you are in a weak circumstance and need assistance from somebody, could you believe that this individual should think with sympathy and still, small voice about you, or could you maintain that this individual's reasoning should be totally without compassion and heart?

The muscle of appreciation likewise radically influences how we think and how we reason. In Harmony Education, we say that stewardship is the most elevated articulation of appreciation since appreciation permits us to not underestimate the many gifts of life for allowed. Gifts of life like wellbeing, kinship, and a vote-based system are delicate, and can be harmed and obliterated when we aren't acting as mindful stewards and defenders. Appreciation urges us to never underestimate these gifts, to enjoy and take full advantage of them, and to give our all to safeguard them.

The second component of Harmony Proficiency is the structure of abilities. Harmony Education abilities expect us to utilize the muscles of our humankind. Offer only one model, listening is an expertise that expects me to utilize my muscle of discipline, since discipline permits me to concentrate my brain and concentrate. Assuming you are conversing with me, and I can't offer you my consideration since I can't zero in and focus on whatever you are saying, then, at that point, I can't actually pay attention to you. To genuinely tune in, I should likewise utilize my muscle of

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