# Chapter 11 Use of Humanoid Robots for Students With Intellectual Disabilities

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#### ABSTRACT

In parallel with the significant developments in robotics, humanoid robots have become popular recently. It is known that when humanoid robots are used for educational goals, students become more interested in learning activities, develop better situation awareness through exercises and physical activities, and learn more effectively. Therefore, humanoid robots will possibly play a key role in education in the future. Since humanoid robots have enhanced social skills, are able to repeat a particular sequence many times, and provide real-time feedback, they can improve the engagement of students with intellectual disabilities and may find significant acceptance in specific target groups, such as students with autism spectrum disorder. In this chapter, the authors investigate the use of humanoid robots for students with intellectual disabilities and review existing approaches in this domain. In addition, limitations and challenges to the use of humanoid robots for educational goals are discussed. Finally, the authors investigate research challenges in this domain and state future research directions.

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#### INTRODUCTION

Intellectual disability indicates certain limitations in mental functioning, daily living skills, and social skills. The most common causes of intellectual disabilities are genetic conditions, problems during pregnancy or at birth, and health problems (Reichenberg, Cederlöf, McMillan, Trzaskowski, Kapara, Fruchter... Lichtenstein, 2016). It is known that students with intellectual disabilities have difficulties in understanding complex information, using logical thinking to solve problems, following instructions, and using judgment (Downing, 2010). When working with such students, a number of techniques, such as using concrete examples to explain new concepts, identifying expected behaviours clearly, planning ahead with class activities, using appropriate communication methods, putting skills in context, learning about the need and characteristics of the students, asking for the students' input about how they feel they learn best, and involving families in learning activities, might be quite useful (Heward, 2009; Sisman, & Yaman, 2017). Such students may benefit from strategies such as hands-on learning, play-based learning, group learning, positive reinforcement, chaining, and activity splitting (Bragdon, Uguray, Wigdor, Anagnostopoulos, Zeleznik, & Feman, 2010).

In the last decade, human-robot interaction has been an emerging field of research and humanoid robots with good interaction abilities have been developed. Humanoid robots have capabilities including sitting, standing, walking, task sequencing, playing sound files, speech, speech recognition, and object recognition. It has been demonstrated in many studies that humanoid robots can be used to increase engagement of students (Kory Westlund, Gordon, Spaulding, Lee, Plummer, Martinez, Das, & Breazeal, 2016). Due to their reduced social skills and impaired understanding, educating children with intellectual disabilities presents significant challenges for new teachers (Robins, Dautenhahn, Te Boekhorst, & Billard, 2005). Since a humanoid robot can be programmed to provide immediate helpful feedback to the student, repeat things that the student has not learnt well, help the student work at his/her own pace, respond to his/her specific needs and put higher emphasis on certain subjects (Chang, Lee, Chao, Wang, & Chen, 2010; Kucuk, & Sisman, 2017), a humanoid robot can be viewed as a novel educational tool that could improve engagement of children with intellectual disabilities.

#### HUMANOID ROBOTS IN EDUCATION

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