

# Chapter 19

## Physicality in Technological Interface Design

**Andrew J. Wodehouse**  
*University of Strathclyde, UK*

**Jonathon Marks**  
*University of Strathclyde, UK*

### ABSTRACT

*This research explores emotional response to gesture in order to inform future product interaction design. After describing the emergence and likely role of full-body interfaces with devices and systems, the importance of emotional reaction to the necessary movements and gestures is outlined. A gestural vocabulary for the control of a web page is then presented, along with a semantic differential questionnaire for its evaluation. An experiment is described where users undertook a series of web navigation tasks using the gestural vocabulary, then recorded their reaction to the experience. A number of insights were drawn on the context, precision, distinction, repetition and scale of gestures when used to control or activate a product. These insights will be of help in interaction design, and provide a basis for further development of gestural vocabularies.*

### INTRODUCTION

As technology becomes increasingly sophisticated, consumers expect more powerful and natural user interfaces than has previously been the case (Shan, 2010). While User-Centered Design (UCD) ensures that the task-orientated needs of users are recognized, the increasing adoption of Human-Centered Design (HCD) and User Experience (UX) has recognized the broader need for our interactions with technology to be “physically, perceptually, cognitively and emotionally intuitive” (Giacomin, 2014). As products become increasingly “dematerialised” (Dunne, 2008) through the use of electronics, physical operation has in many cases been replaced by control through software – for example, televisions, vending machines, and smartphones are experienced primarily as an interface rather than a physical entity. Despite the emergence of UCD, HCD and UX, the complexity of many control systems mean that the experience of using too many contemporary products is unrewarding and in the worst cases emotionally upsetting

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(Moggridge, 2007; Norman, 2004). This is perhaps less surprising when viewed from an evolutionary perspective: for two million years humans have interacted with their environment through physical manipulation. From the earliest stone tools, our physiology has adapted and improved to provide us with the motor skills to perform operations of great complexity (Lancaster, 1968; Susman, 1998) and has long been discussed as a key factor in the development of human intellectual capacity (Skoyles, 1999; Stout & Chaminade, 2007). These innate characteristics make physical movement attractive in the control of products (Costello & Edmonds, 2007) and is likely to be important in the era of ubiquitous or pervasive computing (Abawajy, 2009; Hassenzahl, 2013).

This work therefore explores how we can balance and extend computer interaction to make better use of the human body. While Gesture Controlled User Interfaces (GCUIs) have been around for the last 30 years (Bhuiyan & Picking, 2011; Buxton, 2012), recent developments in motion detection and analysis have made the hardware and software more widely available for researchers. This has resulted in an increase in attention to the applications and possibilities of such technology beyond its original use in gaming. For example, Kuhnel et al (2011) have conducted studies on the use of three dimensional gestures using a mobile phone to control a smart home environment. This utilizes the motion sensors in the phone to detect basic swipes, tilts and points to control various devices. In revisiting the workstation interface, Bhuguram et al (2012) have suggested replacing a mouse with camera and motion detection technology while retaining the conventional movements associated with a mouse. This retains the familiarity of a known paradigm rather than reinvent it from first principles. When attempting to define a new, hands-free system for basic interactions with a CAD system, Jeong et al (2012) utilized simple static gestures based on a number of fingers for selection, translation, etc. although these cannot be considered to be intuitive. Despite research on set-ups and applications of GCUIs, there is less understanding as to what gestures should be employed and why.

The use of gesture, however, introduces a range of complex factors, including culture (Rico & Brewster, 2009; Yammiyavar, 2008), ergonomics (Fikkert, 2010; Saffer, 2008) and emotional response (Larssen, Robertson, & Edwards, 2006). Culture becomes critical when assigning semaphores and gestures to different functions, as there are different frames of reference across the world. For example, an “a-ok” sign in America can mean “zero” in France, “money” in Japan and “I’ll kill you” in Tunisia (Liebenau & Backhouse, 1992). Ergonomics is well established in the use of everyday products, for instance a toothbrush that is easy to hold, and our first reaction to many gestural interfaces is that they are more “natural”. However, performing a swipe command repeatedly for several hours may put a significant strain on shoulders and arms, and more detailed studies will undoubtedly be required as these become more commonplace. Emotion is possibly the least understood of these factors in relation to gesture, with the field of Emotional Design (Norman, 2004) emerging comparatively recently to address unrewarding and in some cases problematic user experiences. A product or machine may well “do the job” but a positive emotional reaction is fundamental in ensuring that the interaction is pleasurable (Benyon, Hook, & Nigay, 2010). While it has been demonstrated that the use of gesture in gaming can engender positive emotions in players (Isbister & DiMauro, 2011; Lindley, Couteur, & Berthouze, 2008) and has driven much of the technology in gestural control, it is necessary to move beyond simply manipulating avatars and consider how movement can be used as a fundamental part of interaction with machines in our everyday lives.

The emergent technologies herald a shift in emphasis from designing *interfaces for use* to the *interactions of use*: the fundamental way in which we execute product operations. Gesture-based interaction possibilities are becoming increasingly important in doing this, as they bring the functionality of ma-

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