

## Chapter 10

# Problems of the Fight Against Doping in Professional Sports: On the Example of Russian and World Experience

**Anatoly Peskov**

*Russian International Olympic University, Russia*

### **ABSTRACT**

*Doping became, as many experts note, not only more diverse, highly specialized, and efficient, but also dangerous for the health of athletes. One of the main factors that allows athletes to escape responsibility is corruption. The author pays particular attention to research and new technologies in the field of sports medicine, including generating new kinds of doping. The chapter also examines the practice of international standard on granting exceptions on therapeutic use of drugs. The author suggests reconstructing the existing system of criminal and administrative law to develop new enforcement mechanisms in the fight against doping to impose a ban on the testing of new drugs on professional athletes.*

### **INTRODUCTION**

Doping is not only a result of fraudulent actions of athletes, their desire to win at any cost and break the rules of fair play in order to get cash bonuses and undeserved rewards. Doping is also the result of the actions of politicians who want to win political opponents, to show the world the superiority of their countries and nations through the victories of their athletes. Doping is also a consequence of competition

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doping and Anti-Doping technologies that producing in the laboratories of the most developed and advanced countries. We have only one way to solve the problem of doping. It is necessary to unite all international community against this evil. All countries should strengthen administrative and criminal liability for violations of Anti-Doping laws, to join efforts to combat international organized crime, illegally distributing prohibited substances. It is necessary to introduce access on an equal basis to athletes of all countries to modern technologies of sports medicine, to ban testing on athletes for new pharmacological agents. Drug manufacturers should be required to indicate in the specifications possibility to use medical drugs in professional sports. The main purpose of this chapter to familiarize a reader with doping practices, causes and conditions of its distribution, to identify ways to combat this negative phenomenon.

## **BACKGROUND**

Recently the doping scandals shuddered professional sports. In December 2014 ARD - the German TV channel - broadcast Hajo Seppelt's documentary film *The Doping Secret: How Russia Creates Champions* where Russia was accused of athletes' doping support at the country level (Kabanov, 2014).

According to the film, it is easy in Russia to buy doping on the Internet and the Russian athletes tried to eliminate revealed positive doping tests for bribes, and there a large-scale falsification of doping tests took place in the Russian Anti-Doping laboratory. Sports doctors quasi helped athletes to use the new prohibited performance enhancing drugs and to remove them from athletes' body in due time. Therefore, the concrete facts and surnames of officials were specified in this film.

Following the broadcast film there was a big scandal in the sports world, WADA initiated investigation of the facts mentioned in the film, and in November 2015, it published a report following the results of this investigation. *WADA's Independent Commission confirmed these facts and declared that Grigoriy Rodchenkov, the head of the Moscow Anti-Doping laboratory, in spite of requirements of the World Anti-Doping Code had destroyed 1417 doping tests in his laboratory. Valentin Balakhnichenov, the former head of the Russian Athletics Federation, as well as Grigoriy Rodchenkov was also accused for falsification of doping tests and bribery (WADA: Two Moscow Laboratories Eliminated Doping Tests).*

Rodchenkov's illegal actions caused the situation when achievements of our many athletes at the previous Olympic Games and International Championship raised doubts about it. Following the results of investigation WADA came to the following conclusion: *The culture of cheating has taken roots deeply in Russia.*

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